



Volleyball Session 3

2025 – 3A High Power

3A High Teams and Contact Information			
Team #	Team Name	Team Captain	Phone Number
Team 1	Aceholes	Kelsie Whittle	(573) 418-3313
Team 2	Setually Frustrated	Mackenzey Henke	(573) 645-0999
Team 3	Chewblocka	Angela Bax	(573) 220-2963
Team 4	Shuggies	Lanie Berhorst	(573) 418-8395
Team 5	MCR	Perry Yutzy	(573) 821-3429
Team 6	Worms	Amanda Woody	(573) 680-0551
Team 7	FSU	Markel Hooper	(573) 257-4909
Team 8	Show Me Roofing	Luke Brubaker	(573) 765-9640
Team 9	Yo Yo Yo	Steve Sandbothe	(573) 291 4003

Time	Court	3/6/25	3/13/25	3/20/25	3/27/25	4/3/25	4/10/25	4/17/25	4/24/25	5/1/25	5/8/25
5:45 PM	Gym 1	2-9	5-9	2-8	6-1	2-1	8-6	7-6	9-4	3-2	6-5
6:35 PM	Gym 1	1-9	5-4	1-7	4-3	7-6	5-9	3-1	3-7	4-7	8-3
7:25 PM	Gym 1	3-5	6-3	5-3	8-3	9-3	7-2	9-4	1-5	5-7	9-4
8:15 PM	Gym 1	4-7	7-8	6-4	9-7	8-4	3-2	2-4	1-6	8-1	9-2
9:05 PM	Gym 1	8-6	2-1	6-9	2-5	8-5	1-4	8-5	2-8	6-9	1-7

1. All games are played in the **gym on court 1**, at the Firley YMCA on Ellis Blvd.
2. Three games are played up to 23 with a 25 point cap. Rally scoring is used.
3. Jewelry may not be worn at any time. Religious and medical alert medals may be worn. However, religious medals must be taped and worn under the uniform. A medical alert medal must be taped to the uniform and may be visible.



Volleyball Session 3

2025 – 3A High Power

4. First occurrence of jewelry having to be removed will result in a warning. The second occurrence, resulting in the game being stopped, will result in the team losing a point. Should a team be stopped for a third time, the game will be forfeited.
5. Game time is forfeit time. If a minimum of 4 players (2 girls & 2 guys) are not present at the scheduled time; it will be an automatic forfeit.
6. All teams need a minimum of 4 players (2 girls & 2 guys) to complete a match.
7. Please remember to conduct yourself in a professional manner while playing and observing at all YMCA sporting events.