

Jefferson City YMCA  
 Knowles Indoor Pool Schedule  
 December 1-31, 2024

**High School Swim Meet**  
**Wednesday, Dec 18**

**No Evening water aerobics. The pool will open at the conclusion of the meet (probably around 6:30pm) for family swim until 8pm.**

**Babysitting Classes are available for registration!**

**Dec 20, 8:30am-3pm**  
**February 10, 2025, 8:30am-3pm**  
**Ages 11-15, Cost: \$60/members and \$90/non-members**  
**Contact Lisa Dyer at 573-761-9007 or [ldyer@jcymca.org](mailto:ldyer@jcymca.org) for more information.**

**Happy Holidays!**  
**December 24, Pool Closes at 1pm**  
**December 25, The YMCA is CLOSED**  
**December 31, Pool Closes at 4pm**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim	5:30-7:10am (6) 7:15-8am (3) 9:15-12pm (3) 12-1pm (6) 1-4:30pm (3) 6-6:45pm (1) 6:45-8pm (3)	5:30-8am (6) 9:15-12pm (3) 12-1pm (6) 1-4:20pm (3) 4:30-6:45pm (1)	5:30-7:10am (6) 7:15-8am (3) 9:15-12pm (3) 12-1pm (6) 1-4:30pm (3) 6-6:45pm (1) 6:45-8pm (3)	5:30-6:30 (6) 6:15-8am (3) 9:15-11am (3) 12-1pm(6) 1-4:20pm (3) 4:30-6:45pm (1)	5:30-6:30am (6) 6:30-8am (3) 9:15-12pm (3) 12-1pm (6) 1-4:30pm (3) 6-8pm (3)	7am-8am (3) 8am-10am (6) 10am-5pm (3)	8-10am (6) 10-5pm (3)
CAMP SWIM Dec 23, 26, 27, 30 and 31	10am-11am	10am-11am	10am-11am				
HS Swim Team	8pm-9:30pm	8pm-9:30pm	8pm-9:30pm	6:30-8am	6:30-8am	6-8am	
Water Fitness	7:15-8am 8:30-9:15am 6pm-6:45pm	8:30-9:15am 6-6:45pm	7:15-8am 8:30-9:15am 6-6:45pm	8:30-9:15am 6:00-6:45pm	8:30-9:15am		
Family Swim	9:15-12pm 1-4:30pm 6:45-8pm	9:15-12pm 1-4:30pm	9:15-12pm 1-4:30pm 6:45-8pm	9:15-11am 1-4:30pm	9:15-12pm 1-4:30pm 6-8pm	10am-5pm	10am-5pm
Swim Lessons		9:30-11am 4:30-6pm		9:30-11am 4:30-6pm			
Barracudas Swim Team	4:30-6pm	6:45-8:00pm	4:30-6pm	6:45-8:00pm	4:30-6pm		
Pool/Locker Room Cleaning				11am-12pm Pool and women's locker room closed at this time.			
Available for Private Rentals						Party Room: 4-5pm Swim 5-6pm \$175/ Y-members \$225/ non-members	

*Thank you for swimming at the YMCA! The pool schedule may be adjusted slightly due to aquatic programming, weather, pool attendance or special events. Please direct any pool questions to: Lisa Dyer at 573-761-9007 or [ldyer@jcymca.org](mailto:ldyer@jcymca.org)*