



Volleyball Session 1

2024 – 3A Low

3Low Teams and Contact Information			
Team #	Team Name	Team Captain	Phone Number
Team 1	Spike Local	Josh Scott	573-645-7133
Team 2	Diggin backdoor Sets	Greg Brandt	573-694-1035
Team 3	Beards and Babes	Kyle Maddox	573-680-4681
Team 4	SHR	Steve Sandbothe	573-491-4003

Time	Court	9/12/24	9/19/24	9/26/24	10/3/24	10/10/24	10/17/24	10/24/24	11/7/24	11/14/24	11/21/24
6:00 PM	GYM 2	1-2	1-3	2-3	3-4	2-4	1-4	1-2	1-3	2-3	3-4
7:00 PM	GYM 2	3-4	2-4	1-4	1-2	1-3	2-3	3-4	2-4	1-4	1-2

1. All games are played in the **gym, court 2**, at the Firley YMCA on Ellis Blvd.
2. Three games are played up to 25 with a 27 point cap. Rally scoring is used.
3. Jewelry may not be worn at any time. Religious and medical alert medals may be worn. However, religious medals must be taped and worn under the uniform. A medical alert medal must be taped to the uniform and may be visible.
4. First occurrence of jewelry having to be removed will result in a warning. The second occurrence, resulting in the game being stopped, will result in the team losing a point. Should a team be stopped for a third time, the game will be forfeited.
5. Game time is forfeit time. If a minimum of 4 players (2 girls & 2 guys) are not present at the scheduled time; it will be an automatic forfeit.
6. All teams need a minimum of 4 players (2 girls & 2 guys) to complete a match.
7. Please remember to conduct yourself in a professional manner while playing and observing at all YMCA sporting events.